City of Elkader 2025 GROUP SWIMMING LESSON REGISTRATION

(Please keep this page for future reference)

Please note!

Registration deadline for group lessons is May 30th.

- If you register after this date, there is no guarantee your child will get a space in a class and there is a \$15 late fee.
- We need time to create the schedules for the swim lessons so we need to know the registrations by May 30th.
- Class will be filled on a first come, first served basis.

Schedule for regular group lessons for children 5 years old or older:

June 9-June 19: at 9:00 a.m. - level 2 and swim aide will be offered;

at 10:00 a.m. levels 1 and 4 will be offered;

at 11:00 a.m.- levels 3 and 5 will be offered

Cost is \$40 (or \$55 after May 30th) and classes are 45 minutes long. Classes will meet M-Th (Fridays will be make-up days if needed).

July 14-July 24: at 5:30 p.m. - levels 1 and 4 will be offered;

at 6:30 p.m. - levels 2, 3 and 5 will be offered;

Cost \$40 (or \$55 after May 30th) and classes are 45 minutes long. Classes will meet M-Th (Fridays will be make-up days if needed).

June 23-June 27: at 9:00 a.m. - level 2 and level 4 will be offered;

at 10:00 a.m. level 1 and level 3 will be offered;

Cost is \$40 (or \$55 after May 30th) and classes are 55 minutes long and will meet M-F.

Level I - Introduction to Water Skills

* Enter/Exit Water *Open eyes under water * Retrieve object *Front/Back Float/Glide with support *Fully submerge & hold breath/bobbing *Treading Water in chest-deep water is introduced

Level II - Fundamental Aquatic Skills

* Enter/Exit Water *Front/Back Float/Glide *Fully submerge & hold breath/bobbing *Treading Water is continued

Level III - Stroke Development

- * Rotary Breathing * Introduce Diving Skills * Introduce Front Crawl & Elementary Backstroke
- * Child must be able to front/back float well

Level IV - Stroke Improvement

- * Increase endurance for Front and Back Crawl * Introduce Butterfly, Sidestroke, and Breaststroke
- * Survival Swimming/ underwater swimming

Level V - Stroke Refinement

* Refine performance of all strokes: Front Crawl, Back Crawl, Butterfly, Breaststroke, Elementary Backstroke, and Sidestroke * Learn Flip Turns, sculling, surface dives

Swim Aide - Swimming and Skill Proficiency

- * Students learn to swim with more ease, efficiency, power and smoothness over greater distances
- * Includes intro to lifeguarding and equipment-based rescues, spinal injury management, post-rescue care, First-Aid, and CPR

<u>Preschool Aquatics</u>: Designed for ages 3-5, students will learn basic aquatic safety and survival skills to increase children's comfort level in and around the water. (must be potty trained)

Mondays - June 9, 16, and 23 5:00-5:30 p.m. or 5:30-6:00 p.m. \$30.00

<u>Parent/child class:</u> At this time, no parent/child class is offered but please call the Pool Manager and inquire (245-1510) or FB message the Pool page. The Pool Manager will keep a list and if there are enough interested, a class will be scheduled. Private lessons may also be a good option.

<u>Individual/private lessons</u>: Individual/private lessons should be scheduled through the pool manager by calling 245-1510 once the pool opens or by returning the attached form. The cost is \$75 for five, half-hour lessons (or \$100 after the due date of May 30th).

<u>Lessons for adults</u>: If you never learned to swim but this has been a goal, or you have children now and want to be able to swim with them, adults can learn to swim by scheduling a private lesson. Use the attached form or call the Pool Manager at 245-1510.

You will be contacted if you are <u>not</u> able to be in the session of your choice.

Otherwise, assume you are scheduled for the time/date you selected if this form was turned in before May 30th.

CANCELLATIONS: Swimming lessons may be cancelled due to severe weather, extreme cold, or pool maintenance difficulties. Cancellations will be announced on FM 100 and will also be posted on Facebook/Elkader Swimming Pool. If unsure whether lessons are cancelled, please call the pool before coming at (563) 245-1510.

OBSERVATIONS: You are welcome to watch your child on the FIRST AND LAST days of the sessions only. Please honor this request; your presence often distracts the swimmers. Please also stay **outside the fence** when watching your child(ren).

Options to return registration forms:

(all forms must be returned by May 30th. We cannot guarantee room in the class if turned in after this date.)

- 1) Return forms to the school office before school is out for the summer (May 30th);
- 2) Drop off at Elkader City Hall (207 North Main PO Box 427- Elkader, IA 52043) there is a drop box to the right of the front door OR in the alley behind the Opera House parking lot.

Make checks for group lessons payable to City of Elkader

You can also pay online at www.elkader-iowa.com;
under City Government;
under Billing and Bill Payment;
click on Pay Other City Services on the second screen
under Payment Type use "Misc".
Put something on your form to help us match up your payment.



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(Please detach and return this page with payment)

Options to return registration forms: (all forms must be returned by <u>May 30th.</u>

We cannot guarantee room in the class if returned after this date and there is a \$15 late fee.)

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- Drop off at Elkader City Hall (207 North Main PO Box 427- Elkader, IA 52043) there is a drop box to the right of the front door OR in the alley behind the Opera House parking lot.

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NAME		
one form for each participal	nt)	 -
ADDRESS		
Birthdate	Age	
Phone (h)	(c)	
essons. I voluntarily waive on the American Red Cross for	claim against the City of Elkader, the Elkade any and all causes which may arise in con tate that my child is physically qualified to t	er Pool Board and Staff, and nection with the Red Cross
	Signature of parent/guardian	

Please circle desired class time and level:

Swimming lessons: \$40.00 (or \$55 is form is returned after May 30th)

June 9-19					
Level 1	Level 2	Level 3	Level 4	Level 5	Swim Aide
10:00 a.m.	9:00 a.m.	11:00 a.m.	10:00 a.m.	11:00 a.m.	9:00 a.m.
July 14-24					
Level 1	Level 2	Level 3	Level 4	Level 5	
5:30 p.m.	6:30 p.m.	6:30 p.m.	5:30 p.m.	6:30 p.m.	
June 23-27					
Level 1	Level 2	Level 3	Level 4		
10-10:55 a.m.	9-9:55 a.m.	10-10:55 a.m.	9-9:55 a.m.		

Preschool Aquatics: Mondays - June 9,16, and 23 5:00-5:30 p.m. or 5:30-6:00 p.m. \$30.00

This information is also available on our website at https://elkader-iowa.com/attractions/elkader-city-pool/ and on Facebook at www.facebook.com/ElkaderPool