

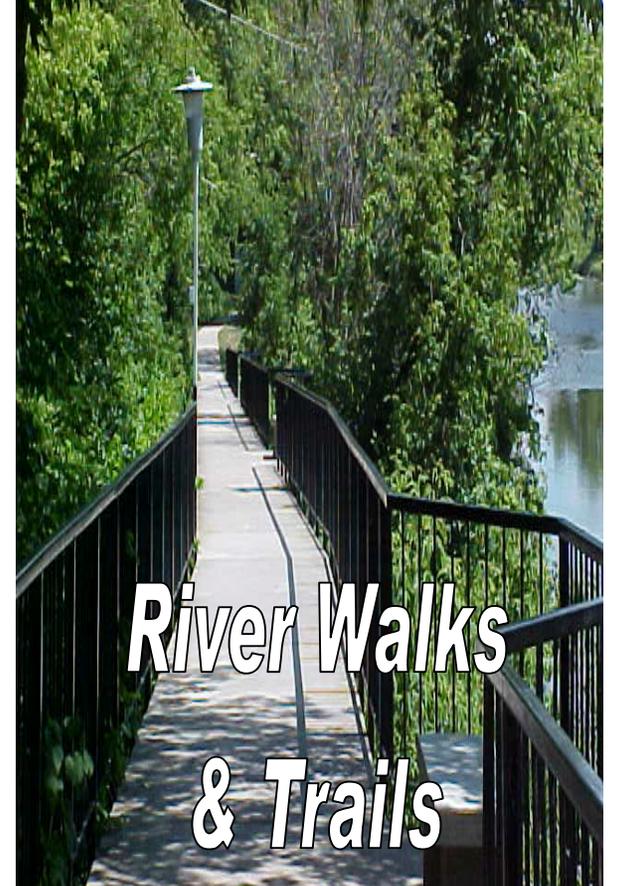
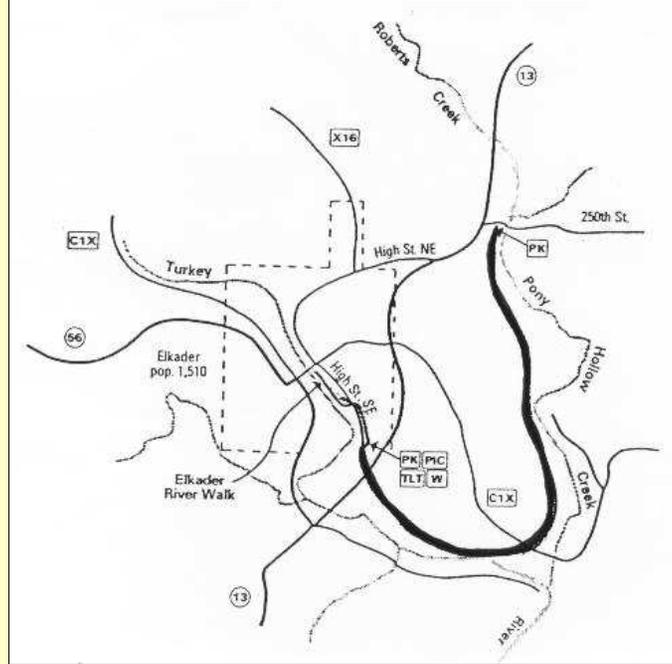


# Pony Hollow Trail

The Pony Hollow is a multi-use trail that begins near the Elkader City Park and follows the old Chicago, Milwaukee and St. Paul Railroad tracks for about 4.4 miles of some of the most scenic and nature-filled areas in the entire Midwest.

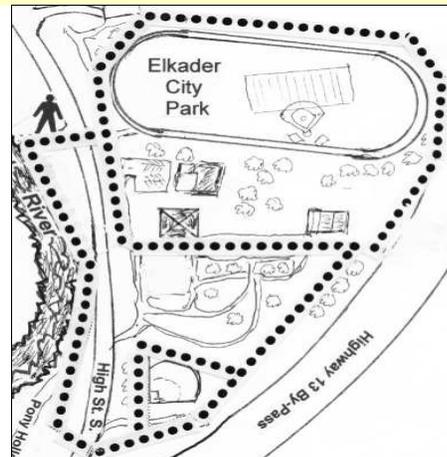
The trailhead is situated at the end of Elkader's East River Walk, and its proximity to the city park affords ample parking, rest room and camping facilities.

Recent improvements have added greatly to the popularity of the trail which is maintained by the Clayton County Conservation Board.



A new exercising trail will open within the city park in 2007 when Project EARTH is introduced to the public. The trail will offer about one and one-half miles of fitness fun. It will feature exercises and activities for improving cardiovascular

fitness, agility, flexibility, strength and endurance. There are 20 different stations with exercise apparatus and posted instructions including operation, pulse rate and cool-down procedures. The project was made possible through the Central Community Hospital Foundation and the Harkin Wellness Grant Awards program. The trail will be maintained by the City of Elkader.



Life can be this good!

**ELKADER  
DEVELOPMENT  
CORPORATION**

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Elkader, Iowa is an exercising town. In fact, residents and visitors are known to start walking as early as 5 a.m.



There are plenty of opportunities to join those who enjoy exercising in Elkader. You can take a hike or ride your bike in almost any direction. You can walk within the park and exercise on the new Project Earth or start from the Shelter House and take a trip downtown.

The east side river walk is a very scenic path from the City Park or Deer Run Resort to Elkader's Historic downtown. You can pause along the way to enjoy the vista along the river, or at times watch the fish and wildlife in one of Iowa's most beautiful settings.

A short stop along the way will allow you to see the area where Elisha Boardman settled along the Turkey River in 1836. A walk through Elkader's downtown will reveal many interesting façade designs and building restorations including Elkader's famous Opera House.

Continue your walk on the west side river walk to the south town sidewalk for more great scenery and glimpses of wildlife. A return trip on both walks will give you better than a two and one-half mile walk beginning at the Shelter House at the City Park.

If you desire more exercise than that, take a turn onto the Pony Hollow Trail and add as many miles as you wish on the meandering and beautiful 4.4 mile trail.

Please refer to the chart on the facing page for plotting the distances for planning your walk in the Elkader area. Discover why we can say, "Life can be this good."



## Map Showing Elkader River Walks & Trails

